

GUIDANCE ON CHILD ILLNESS AND SCHOOL ATTENDANCE

Should my child go to school today?

As parents, YOU are the best person to make judgments about whether your child is fit to be in school. However, the Local Authority Educational Welfare Team and Health Service have produced some guidance:

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| HEADACHE, EARACHE AND STOMACH ACHE | Children with mild headache, earache or stomach ache can go to school - just let the staff know that your child feels unwell. Give paracetamol and plenty of fluids to drink before school. After paracetamol , if your child feels better, bring them to school . If headache, earache or stomach ache persist seek medical advice . |
| HIGH TEMPERATURE | Give paracetamol and plenty of fluids to drink before school. After paracetamol , if your child feels better, bring them to school . If the child's high temperature persists for 3 days or more , seek medical advice . |
| COUGHS AND COLDS | Give paracetamol and plenty of fluids to drink before school. Your child can go to school - just let the staff know that your child feels unwell. If your child is asthmatic , remember that they must have their blue inhaler as they may need it more often. |
| FLU AND SWINE FLU | Children should be kept off school until fully recovered - this usually takes up to 5 days. |
| SORE THROAT, TONSILLITIS AND GLANDULAR FEVER | Give paracetamol and plenty of fluids to drink before school. Your child can go to school - just let the staff know that your child feels unwell. |

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| DIARRHOEA AND VOMITING | Your child should be kept off school at the first signs and can return to school 48 hours after the last episode of diarrhoea and vomiting. |
| MEASLES | Your child should be kept off school should return 4 days after the rash has STARTED. |
| CHICKEN POX | Your child should be kept off school should return 5 days after the rash has STARTED. |
| GERMAN MEASLES | Your child should be kept off school should return 6 days after the rash has STARTED. It is important to let the school know as there may be pregnant staff members. |

The school will contact a parent to come and collect your child if they display signs of illness which makes them feel uncomfortable. The school will decide whether or not an absence is authorised. You may be asked to provide medical evidence to support your child's absence.

SOMETHING TO THINK ABOUT.....

EVERY DAY COUNTS

If your child has 90% attendance over a school year they will have missed the equivalent of half a day a week.

If your child has 90% attendance over 5 school years they will have missed the equivalent of half a year of school.

