

Langley Fitzurse CE Primary School

P.E. and School Sport Premium 2017 – 2018

At Langley Fitzurse Church of England Primary School we recognise the contribution of PE to the health and well-being of the children. We believe that an innovative, varied PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all our children.

Our Primary School Sport's Funding will enable us to continue and extend our provision through employing additional sports professionals, entering into more competitive sports competitions and training our staff to deliver in-house quality PE and healthy life style activities.

What is the PE and School Sport Premium funding?

London 2012 gave Britain a once in a lifetime opportunity to inspire a generation to enjoy sport and the Government wants to embed that into the school day from an early age.

In April 2013, the Government announced new funding for physical education (PE) and sport. For 2017-18 the purpose of this funding has been widened, its purpose is to 'fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary aged pupils to encourage the development of healthy, active lifestyles.' Research evidence shows that education and health are closely linked, ^{1,2} so promoting the health and wellbeing of pupils within schools has the potential to improve their educational outcomes and their health and wellbeing outcomes. Research has shown that children and young people who are aerobically fit have higher academic scores.^{3,4} The intensity and duration of exercise are both linked to improved academic performance and improved physical activity has also been linked to improved classroom behaviour. Obesity levels in the UK population has tripled over the past 30 years with 3 in 10 children aged between 2 and 15 classed as overweight or obese. At current rates, there will be 11 million more obese adults in the UK by 2030 leading to higher rates of diabetes, cancer and heart disease⁵. Empowering schools to track and monitor children's activity is the first step to understanding the true nature of the childhood inactivity problem and help instil behaviours that will lead to better activity levels into adult hood thus helping to manage disease and reducing cost burdens on the NHS, which are set to increase, as the UK's population is forecast to live longer. For example, heart disease is estimated to cost the UK economy just under £26 billion a year⁶. Funding is allocated to all maintained and state-funded schools with primary phase pupils. The amount is based on a flat rate across schools, plus an amount for each child registered.

Schools are able to determine how best to use this funding to improve the quality and breadth of PE and sport provision.

What is the aim of the funding?

- To improve the quality of physical education and sport for all children.
- To improve the provision in curriculum physical education, school sport and health focused physical activity, to encourage healthy, active lifestyles.

How can the funding be used?

Possible uses of the funding include:

- Hiring specialist PE teachers or qualified sports coaches to work alongside primary teachers when teaching PE
- New or additional Change4Life sport clubs

- Paying for professional development opportunities in PE/sport
- Providing cover to release primary teachers for professional development in PE/sport
- Running sport competitions, or increasing participation in the school games
- Buying quality assured professional development modules or material for PE/sport
- Providing places for pupils on after school sport clubs and residential visits.

How do we plan to use the funding in 2017-2018?

Funding available: £16,790

	Item / Project	Cost	Aim
1	Sports / PE Co-ordinator and admin time	£2,000	To maximise involvement in external sporting friendly and competitive events. Maximise opportunities to develop the role of PE and sport within the school community.
2	Cluster Contribution	£2500	Chippenham Partnership to continue to maintain excellent provision of opportunities for competitions and sporting activities for the children.
3	Various Sporting Workshops And training including 'Mini Yoga' training for class teachers, swimming gala.	£2,580	To give opportunities to try new sports to help children develop a variety of skills and find sporting activities that they enjoy. Help children develop the skill which can be transferred into other sports. Develop fitness.
4	Equipment (Sound system for use in PE, sports equipment)	£4,900	To enable a variety of PE and physical activities to take place successfully in the hall over the next 5-10 years. To provide sporting equipment to enable the children to have use during playtimes, in lessons and after school clubs to ensure provision is there for all to access.
5	Transport	£1,000	To enable large groups of children to attend sporting events e.g. cross-country
6	Residential	£390	Subsidise the week residential to ensure children can attend and take part in a wide variety of activities.
7	Forest School Equine Therapy	£2,000	For focus children to attend to benefit from the facilities these sessions provide
8	Teacher planning time for 'wake and shake' activities and REAL PE	£720	To enable teachers to have the time to research and plan for high quality sessions.
9	Support for DL to attend sporting activities after school	£200	To enable DL to have full access to sporting events and extra-curricular sporting activities.
10	Additional MDSA time to support games at lunch time when dry	£500	Extra hours to allow children to be taken to the field when the grass is dry.

By 4th April 2018 we will review the impact of this planned expenditure.

Expectations

The aim is to be able to show the impact the funding has:

Improvement

The emphasis is on providing additional and / or improving what already takes place but being able to show the impact it makes.

Sustainability

The funding will be used in a way that the impact lasts *beyond the funding*.

High Quality PE

Ofsted will place a greater emphasis on the quality and breadth of PE and effective leadership.

Sporting Provision

This is not PE! The school will take part in sport and healthy lifestyle programmes which will be published on the school website.

References:

1. Bradley B and Greene A (2013). Do health and education agencies in the United States share responsibility for academic achievement and health? A review of 25 years of evidence about the relationship of adolescents' academic achievement and health behaviors. *Journal of Adolescent Health*, 52 (5), 523-32
2. Suhrcke M, de Paz Nieves C (2011). The impact on health and health behaviours on educational outcomes in high income countries: a review of the evidence. Copenhagen: WHO Regional Office for Europe
3. Buck S, Hillman C & Castelli D (2008). The relation of aerobic fitness to Stroop task performance in preadolescent children *Medicine and Science in Sports and Exercise*, 40, 166-172
4. Chaddock L, Erickson R, Prakash R, Kim J, Voss M and VanPatter M (2010). A neuroimaging investigation of the association between aerobic fitness, hippocampal volume and memory performance in preadolescent children', 1358, pp.172–183. *Brain Research*, 1358, 172-183.
5. <https://renewbariatrics.com/uk-obesity-statistics/>
6. British Heart Foundation (2012) Coronary Heart Disease Statistics