

Intent

Personal, Social, Health and Economic (PSHE) Education at Langley Fitzurse C of E Primary School is taught to all children and includes Relationship and Sex Education (RSE). Sex education is still optional and the parents will always be offered the choice for their child/ren to participate in these lessons.

Langley Fitzurse Cof E Primary School aims to deliver a high-quality, age-appropriate and evidence-based relationships, sex and health curriculum for all our children. It will focusses on giving them the knowledge they need to make informed decisions about their wellbeing, health and relationships, and to build their self-efficacy. It is our intent to promote emotional wellbeing through good physical and mental health within the curriculum to develop thoughtful and resilient learners who have an awareness of their own and others' emotional and physical needs; giving them the confidence and skills to make good decisions about their health and wellbeing to reach their full potential as they approach adolescence.

At Langley Fitzurse C of E Primary School, PSHE is considered an integral part of the school, our curriculum and the core school values of Friendship, Respect, Truthfulness, Perseverance, Forgiveness and Service. Children will be taught how to become respectful and responsible members of the school, and the wider community, as well as how to navigate diverse beliefs, values and attitudes that individuals and societies hold. This will help equip them for their futures and prepare them for the opportunities, experiences and responsibilities of adult life.

Implementation

Over the course of the year, long term plans provided by Coram Life SCARF and class teachers ensure the coverage of Personal, Social, Health and Economic education as well as Relationship and Sex Education, in line with the National Curriculum and statutory frameworks. PSHE is taught in weekly lesson by the class teachers and support staff in class and supported by whole school assemblies focusing on the termly topic of SAFETY, CARING, ACHEVEMENT, RESILIENCE, and FRIENDSHIP.

At Langley Fitzurse, PSHE and RSE focuses on six termly topics of: Me and My Relationship, Valuing Difference, Keeping Safe, Rights and Respect, Being My Best and Growing and Changing. Sex Education is taught as a block mainly in Term 6 in the Growing and Changing topic. There may be whole school focuses on PSHE and RSE and/or class trips may also occur to support learning. Resources and risk assessment are organised at the beginning of each term to ensure that staff can teach lessons effectively and information can be shared with the staff and pupils. There is clear progression from KS1 to KS2 to ensure a full development of skills and the acquisition of knowledge. In addition to using Coram Life SCARF, class teachers may enrich learning with additional resources. Learning is recorded in a whole class book, with contributions from class discussions and pupil voice and examples of the children's work.

Impact

The broad PSHE curriculum at Langley Fitzurse C of E Primary School works to Amaze, Inspire and Enthuse by helping the children to understand and value how they and others fit into an ever-changing world by

- Have an awareness of theirs and others' physical and emotional needs.
- Be valued members of society and have the skills to interact effectively with others.
- Be responsible for and have an understanding of their health needs.
- Have an understanding of economic responsibility and the world in which we live.
- Understand British Values.
- Build on and develop their skills as they progress through the school.

Class teachers assess children's progress throughout the year using the lesson objectives linked to the National Curriculum, while also being reflective and responsive to children's emerging needs. We monitor the impact of our PSHE and RSE provision throughout the year using termly teacher assessments, lesson observations, pupil voice discussions, staff consultation and book looks. The subject leader will work to support all school staff to develop their subject knowledge through courses and in-house training using external training and networking to bring best practice to the school.