

Langley Fitzurse C of E Primary School
Curriculum Coverage – PE
2023-2024

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Hercules	Gymnastics - Parts High & Parts Low	Gym-rocking & rolling	Dance-nursery rhymes	Target games	Athletics	Yoga
	F&F	F&F	F&F	F&F	F&F	F&F
Pegasus	Athletics	Gymnastics – stretching, curling, arching	Gymnastics – twisting, turning, spinning	Net and Wall games	Striking and fielding	Athletics
	F&F	F&F	F&F	F&F	F&F	F&F
Phoenix	Netball	Rounders	Football	Tag Rugby	Tennis	Athletics
	Dance	Yoga	Swimming	Gymnastics- pushing and pulling	Swimming	Gymnastics- rolling and travelling low
Chameleon	Netball	Hockey	Football	Tag Rugby	Tennis	Athletics
	Badminton	Gymnastics – mirroring in sequences	Yoga	Swimming	Cricket	Swimming