**Langley Fitzurse CE Primary School**

**P.E. and School Sport Premium 2017 – 2018**

At Langley Fitzurse Church of England Primary School we recognise the contribution of PE to the health and well-being of the children. We believe that an innovative, varied PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all our children.

Our Primary School Sport’s Funding will enable us to continue and extend our provision through employing additional sports professionals, entering into more competitive sports competitions and training our staff to deliver in-house quality PE and healthy life style activities.

**What is the PE and School Sport Premium funding?**

London 2012 gave Britain a once in a lifetime opportunity to inspire a generation to enjoy sport and the Government wants to embed that into the school day from an early age.

In April 2013, the Government announced new funding for physical education (PE) and sport. For 2017-18 the purpose of this funding has been widened, its purpose is to ‘fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary aged pupils to encourage the development of healthy, active lifestyles.’ Research evidence shows that education and health are closely linked 1,2 so promoting the health and wellbeing of pupils and students within schools and colleges has the potential to improve their educational outcomes and their health and wellbeing outcomes. Research has shown that children and young people who are aerobically fit have higher academic scores.3,4 The intensity and duration of exercise are both linked to improved academic performance and improved physical activity has also been linked to improved classroom behaviour. Obesity levels in the UK poplation has tripled over the past 30 yearswith 3 in 10 children aged between 2 and 15 classed as overweight or obese. At current rates, there will be 11 million more obese adults in the UK by 2030 leading to higher rates of diabetes, cancer and heart disease5. By empowering schools to track and monitor children’s activity is the first step to understanding the true nature of the childhood inactivity problem and help instil behaviours that will lead to better activity levels into adult hood thus helping to manage disease and reducing cost burdens on the NHS which are set to increase as the UK’s population is forecast to live longer. For example, heart disease is estimated to cost the UK economy just under £26 billion a year6.Funding is allocated to all maintained and state-funded schools with primary phase pupils. The amount is based on a flat rate across schools, plus an amount for each child registered.

Schools are able to determine how best to use this funding to improve the quality and breadth of PE and sport provision.

**What is the aim of the funding?**

* To improve the quality of physical education and sport for all children.
* To improve the provision in curriculum physical education, school sport and health focused physical activity, to encourage healthy, active lifestyles.

**How can the funding be used?**

Possible uses of the funding include:

* Hiring specialist PE teachers or qualified sports coaches to work alongside primary teachers when teaching PE
* New or additional Change4Life sport clubs
* Paying for professional development opportunities in PE/sport
* Providing cover to release primary teachers for professional development in PE/sport
* Running sport competitions, or increasing participation in the school games
* Buying quality assured professional development modules or material for PE/sport
* Providing places for pupils on after school sport clubs and residential visits.

**How do we plan to use the funding in 2017-2018?** **Funding available: £16,790**

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|  | Item / Project | Cost | Aim | Impact by end of March 2018 |
| 1 | Sports / PE Co-ordinator and admin time | £2,000 | To maximise involvement in external sporting friendly and competitive events.  Maximise opportunities to develop the role of PE and sport within the school community. | Administration: Mrs Howe & Mrs H-H. This has led to a wider range of events being planned and organised with many more children taking part in physical activities and being introduced to a different selection of activities.  **Whole School events experienced so far:**  Stomp (Dance)  Lindy Hop (Dance)  **Clubs:**  Netball club Wednesdays\_ *in house. (16 Year 5 &6 \_mixed)*  Football club\_Tuesdays - Active Trowbridge. (15 KS2 children\_mixed)  Archery Club on Fridays: 15 children mixed age groups.  **Workshops:**  KS1 Multi-skills mornings: Year 1 & 2 (24 KS1 children)  Hardenhuish workshop: indoor curling & badminton. (**28 children year 3 &4’s)**  Year 6 AG&T: Hardenhuish workshop Spring term & Bath Uni in **June** (4 Year 6’s)  **Festivals & Friendlies:**  Friendly: Lea & Garsdon netball & football- autumn- 9 Netball players & 9 Football players.  Netball Friendly with Kingston St Michael: Spring 9 players  5/6 Chippenham Town Hockey festival: 9 players.  Year 2 Dance Festival @ the Neeld Hall: 12 children  Year 6: Chippenham Town Netball Festival. **Friday 23rd Feb** Squad of 9 mixed.  **Organised for Summer term:**  KS2 Mid- Wilts Swimming Gala: Devizes **Friday 27th April\_12 Year 5&6: 6 boys & 6 girls.**  Year 6 Chippenham games: **19** **June: 17 Year6’s** |
| 2 | Cluster Contribution | £2500 | Chippenham Partnership to continue to maintain excellent provision of opportunities for competitions and sporting activities for the children. | Continued strong- link with Ssosco’s: regular updates of activities available. This has enabled us to make the most of the opportunities locally to exercise with a wider range of children from beyond our school. See above activites.  PLT meetings attended:  Friday 22nd Sept – PLT Meeting & CPD Dance @ Abbeyfield.  Friday 12th Jan – PLT Meeting 2, @ Sheldon School. |
| 3 | Various Sporting Workshops  And training including ‘Mini Yoga’ training for class teachers and TAs.  Swimming Gala. | £2,580 | To give opportunities to try new sports to help children develop a variety of skills and find sporting activities that they enjoy.  Help children develop the skill which can be transferred into other sports.  Develop fitness. | Staff twilight yon teaching Yoga session in school time. Informing was given on how these skills could be utilised within class PE lessons.  Teachers are now trying out different moves with their children and are deciding how best to include this in their teaching of PE and general fitness and wellbeing.  Stomp whole school day\_ mini show for parents  Lindy Hop whole school day\_ mini show for parents  **Swimming gala is planned for Term 6** |
| 4 | Equipment  (Sound system for use in PE, sports equipment) | £4,900 | To enable a variety of PE and physical activities to take place successfully in the hall over the next 5-10 years.  To provide sporting equipment to enable the children to have use during playtimes, in lessons and after school clubs to ensure provision is there for all to access. | PE equipment: autumn    Lunch time “huff & puff” style equipment replaced.  ‘We love our new playtime equipment.’  ‘It’s fun running around with out new hoops and balls.  On-going project : To improve the Sound system so that it can facilitate quality sports and PE both in the hall and also in the playground. |
| 5 | Transport | £1,000 | To enable large groups of children to attend sporting events e.g. cross-country | We were able to attend KS1 & 2 Festivals and friendlies mentioned above, taking a minimum of 68 children.  School games level 2 Chippenham Netball Festival consisted of 20 teams which were broken down into 5 pools: Langley Fitzurse came 2nd in their pool. |
| 6 | Residential | £390 | Subsidise the week residential to ensure children can attend and take part in a wide variety of activities. | Stackpole: Autumn term -5 day residential. Funding used to ensure all children were able to attend (29 out of 32 children attended – all those who wanted to attend were able to.)  All children were given the opportunity to participate in less common sports such as rock-climbing and canoeing, in addition to coastal walking and orienteering activities.  All children are encouraged to take lots of exercise each day and also to live a healthy lifestyle including eating healthily. Many of the lessons learned have been revisited over the year. |
| 7 | Forest School  Equine Therapy | £2,000 | For focus children to attend to benefit from the facilities these sessions provide | tbc |
| 8 | Teacher planning time for ‘wake and shake’ activities and REAL PE | £720 | To enable teachers to have the time to research and plan for high quality sessions. | Planned for Terms 5+6 |
| 9 | Support for Disadvantaged Learners to attend sporting activities after school | £200 | To enable DL to have full access to sporting events and extra-curricular sporting activities. | One child has been funded to attended multisports after school who would not normally be able to attend |
| 10 | Additional MDSA time to support games at lunch time when dry | £500 | Extra hours to allow children to be taken to the field when the grass is dry. | Planned for summer 2018KS2 lunch- time visits to Village fields: class opportunity once per week. |

By 1st September 2018 we will review the impact of this planned expenditure for the Summer Term and update this evaluation.

**Expectations**

The aim is to be able to show the impact the funding has:

***Improvement***

The emphasis is on providing additional and / or improving what already takes place but being able to show the impact it makes.

***Sustainability***

The funding will be used in a way that the impact lasts *beyond the funding.*

***High* Quality PE**

Ofsted will place a greater emphasis on the quality and breadth of PE and effective leadership.

***Sporting Provision***

This is not PE! The school will take part in sport and healthy lifestyle programmes which will be published on the school website.

**References:**

1. Bradley B and Greene A (2013). Do health and education agencies in the United States shareresponsibility for academic achievement and health? A review of 25 years of evidence about the relationship of adolescents' academic achievement and health behaviors. Journal of Adolescent. Health, 52 (5), 523-32
2. Suhrcke M, de Paz Nieves C (2011). The impact on health and health behaviours on educational outcomes in high income countries: a review of the evidence. Copenhagen: WHO Regional Office for Europe
3. Buck S, Hillman C & Castelli D (2008). The relation of aerobic fitness to Stroop task performance in preadolescent children Medicine and Science in Sports and Exercise, 40, 166-172
4. Chaddock L, Erickson R, Prakash R, Kim J, Voss M and VanPatter M (2010). A neuroimaging investigation of the association between aerobic fitness, hippocampal volume and memory performance in preadolescent children’, 1358, pp.172–183. Brain Research, 1358, 172-183.
5. https://renewbariatrics.com/uk-obesity-statistics/
6. British Heart Foundation (2012) Coronary Heart Disease Statistics