## Langley Fitzurse CoE Primary School- PSHE Intent, Implementation and Impact Statement

## Intent

At Langley Fitzurse C of E Primary, PSHE is considered an integral part of the school curriculum. We recognise that the skills and knowledge taught not only help children navigate their childhood, but also help equip them for their futures and prepare them for the opportunities, experiences and responsibilities of adult life.

Personal, Social, Health and Economic Education at Langley Fitzurse C of E Primary School is taught to all children, with Sex Education remaining optional. We understand our responsibility to deliver a high-quality, age-appropriate and evidence-based relationships, sex and health curriculum for all our pupils. A key part of our PSHE curriculum relates to relationships and health education, which must be delivered to every primary-aged pupil. Relationships education focusses on giving pupils the knowledge they need to make informed decisions about their wellbeing, health and relationships, and to build their self-efficacy. Health education focusses on equipping pupils with the knowledge they need to make good decisions about their own health and wellbeing. Children are taught to be respectful and responsible members of the school, and wider community and how to deal with the diverse beliefs, values and attitudes that individuals and societies hold.

Our curriculum promotes good physical and mental health. With the aim of developing thoughtful and resilient learners who have an aware of their own and others emotional and physical needs to give them the confidence and skills to reach their full potential as they approach adolescence.

## Implementation

Over the course of the year, long term plans provided by Coram Life SCARF and class teachers ensure the coverage of Personal, Social Health and Economic education as well as Relationship and Sex Education, in line with the National Curriculum and statutory frameworks. PSHE is taught in weekly by the class teachers and support staff and includes a weekly PSHE lesson as well as class and whole school assemblies. Sex Education is taught as a block in Terms 4 – 6. Where appropriate, there may be whole school focuses on PSHE and RSE. Class trips may also occur to support learning.

At Langley Fitzurse, PSHE and RSE focuses on three core areas; Health and Wellbeing, Relationships and Living in the Wider World. There is clear progression from KS1 to KS2 to ensure full development of skills and acquisition of knowledge. In addition to using Coram Life SCARF, class teachers may enrich learning with additional resources. Learning is recorded in a whole class book, with contributions from class discussions and examples of the children work. Class teachers assess children's progress against the lesson objectives and a reflective and responsive to children's emerging needs. This provision ensures the coverage of the statutory elements of RSE, including Families and people who care for me, Caring friendships, Respectful relationships, Online relationships and Being safe, as well as Physical and Mental Wellbeing statutory requirements, including Mental wellbeing, Internet safety and harms, Physical health and fitness, Healthy eating, Drugs, alcohol and tobacco, Health and prevention, Basic first aid and Changing adolescent bodies.

Resources are sourced at the beginning of each term to ensure that staff can teach lessons effectively.

Risk assessments for any materials used are conducted and shared with the staff and pupils.

The subject leader will ensure that all staff have the opportunity to develop their subject knowledge through courses and in-house training.

## **Impact**

Here at Langley Fitzurse our broad PSHE curriculum works to support to our schools ethos to Amaze, Inspire and Enthuse by helping the children to understand and value how they and others fit into an ever changing world. At Langley Fitzurse School, our children will:

- Have an awareness of theirs and other's physical and emotional needs.
- Be valued members of society and have the skills to interact effectively with others.
- Be responsible for and have an understanding of their health needs.
- Have an understanding of economic responsibility and the world in which we live.

- Understand British Values.
- Build on and develop their skills as they progress through the school.

They will be assessed throughout the year using lesson objectives linked to the National Curriculum objectives (statutory for RSE). This progress is reported to parents, the subject leader and the headteacher only in the event that children need additional support. There is no requirement for sharing this data with Wiltshire Council. We monitor the impact of our PSHE and RSE provision through termly teacher assessments, lesson observations, pupil voice discussions and PSHE and RSE evidence in classes topic books.