

WINTER 2023 MENU

WEEK 1: 2/01/23 23/01/23 06/03/23 27/03/23					
Option 1	Cheese & Potato Pie (2,7) with Baked Beans	Pasta Bolognese (2) with Garlic Bread (2,7,12)	Roast Pork, Roast Potatoes, Vegetables & Gravy	Chicken Bites (2), Wedges and Baked Beans	Fishwich (2,5), Chips & Peas
Veggie Option	Cheese & Potato Pie (2,7) with Baked Beans	Vegetable Bolognese (2) with Garlic Bread (2,7,12)	Quorn Roast(2,4), Roast Potatoes, Vegetables & Gravy	Falafels, Wedges and Baked Beans	Quorn Fishless Fingers (2,4), Chips & Peas
Option 2	Egg & Cress Baguette (2,4,9) with Veg sticks	Jacket Potato with Cheese (7)	Pesto Pasta with Cherry Tomatoes & Veg Sticks (2,7)	Cream Cheese (7) and Cucumber Roll (2) with Veg sticks	Ham Salad Wrap (2) with Veg sticks
Pudding	Fruit or Yoghurt (7)	Sultana Cake (2,4,7)	Fresh Melon & Orange Wedges	Flapjack (2,7)	Jelly
	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)
WEEK 2 : 9/01/23 30/01/23 20/02/23 13/03/23					
Option 1	Mild Vegetable Curry with Rice (9)	Meatballs in Tomato Sauce, Pasta & Broccoli (2)	Roast Chicken, Roast Potatoes, Vegetables & Gravy	Cottage Pie (7) with Vegetables	Fishcake (2,5), Chips & Beans
Veggie Option	Mild Vegetable Curry with Rice (9)	Veggie Meatballs in Tomato Sauce, Pasta and Broccoli(2,4,9)	Quorn Roast(2,4), Roast Potatoes, Vegetables & Gravy	Quorn Cottage Pie (1,4,7) with Vegetables	Quorn Fishless Fingers (2,4), Chips & Beans
Option 2	Cheese & Tomato Baguette (2,7) with Veg sticks	Jacket Potato with Beans	Tuna & Sweetcorn Pasta Salad (2,5,7) (9) with Veg sticks	Sausage Roll (2,4) with Veg sticks	Chicken Tikka (2,7) & Cucumber Baguette with Veg sticks
Pudding	Fruit or Yoghurt (7)	Blueberry Muffin (2,4,7) (13)	Jelly	Fromage Frais (7) & Gingerbread Biscuit (2) (4,7,10,13)	Chocolate Cake (2,4,7,13)
	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)
WEEK 3: 16/01/23 06/02/23 27/02/23 20/03/23					
Option 1	Macaroni Cheese (2,7), Peas & Garlic Bread (2,7,12)	Sausage (2), Baked Beans & Cheesy Mash (7)	Roast Gammon, Roast Potatoes, Vegetables & Gravy	Chicken & Sweetcorn Pasta Bake (2,7) with Peas	Fishwich in a Bun (2,5), Chips & Veg sticks
Veggie Option	Macaroni Cheese (2,7), Peas & Garlic Bread (2,7,12)	Veggie Sausage (2,4,7), Baked Beans & Cheesy Mash (7)	Quorn Roast(2,4), Roast Potatoes, Vegetables & Gravy	Veggie Sausage Pasta Bake (2,4,7) with Peas	Quorn Fishless Finger in a Bun (2,4), Chips & Veg sticks
Option 2	Jacket Potato with Beans	Tuna & Cucumber Baguette (2,4,5,9) & Veg sticks	Cheese & Tomato Pasta Pot (2,7) & Veg sticks	Chicken Fajita Wrap (2) (4) with Veg sticks	Jacket Potato with Cheese (7)
Pudding	Fruit or Yoghurt (7)	Fresh Melon & Orange Wedges	Chocolate Chip Muffin (2,4,7)	Carrot Cake (2,4,7,13)	Jelly
	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)	Fruit or Yoghurt (7)
Sandwiches: Cheese (2,7) Ham (2) Philly (2,7) Tuna Mayo (2,4,5,9) Egg Mayo (2,4,9) Marmite (1,2)					
Allergens in red do contain Allergens in yellow may contain.					