Langley Fitzurse Church of England Primary School



What's On Week Commencing



20th October 2025

Notes

Sickness and Diarrhoea

We have seen a lot of absences in school this week due to sickness and wanted to take the opportunity to remind parents of the guidance provided by Public Health England. If a child experiences a bout of sickness and/or diarrhoea they should be kept away from school for 48 hours from last episode of diarrhoea or vomiting. Children will be encouraged to practise good hygiene habits in school, particularly handwashing, to help stop the spread of any bugs. It is recommended that children who have experienced diarrhoea should not take part in swimming activities for two weeks after the diarrhoea has settled.

If your child is poorly, please let the school know as soon as possible so their absence can be recorded accordingly.

Pegasus Spelling

Your spelling scores will be in your children's reading record in the relevant week. Please send the records in every Friday so that scores can be recorded.

Upcoming Dates...

Monday 3rd November - Start of Term 2

Tuesday 4th November - Yr 3+ Y6 Swimming Commences

Wednesday 5th November - Chameleon Class trip to Nature in Art Museum

Friday 7th November - PTA Bake Sale
Friday 14th November - PTA Meeting

This Week...

<u>Monday</u> <u>Wednesday</u>

Early Morning Club Early Morning Club

Flu Immunisations Guitar Lessons

After School Club After School Club

Tuesday NO KS1 Street Dance

Early Morning Club End of Term 2

After School Club

Catch up Drum Lessons

KS2 Football Club

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

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WHAT ARE THE RISKS?

created and reworked, they spread across social media platforms as images with text or short videos. Nearly eight in ten teenagers share memes (79%, YPulse), making them part of daily life. While memes encourage Memes may look like simple jokes, but, for many teenagers, they form a shared cultural language. Quickly creativity and participation, they can also spread misinformation or reinforce harmful stereotypes.

HIDDEN HARMS & LOSING SENSITIVITY

When serious topics like violence, racism, or mental health are turned into jokes, children and young people may become less sensitive to these issues over time. While a funny meme may seem light-hearted, it can carry messages that belittle certain groups, encourage risky behaviour, or mock personal struggles. Repeated exposure through memes can make harmful behaviour seem normal or less important. Over time, this can blur their understanding of what is funny versus what is discriminatory, harmful, or damaging to themselves and others.

PERMANENT DIGITAL FOOTPRINT

Unlike spoken jokes, memes leave a trail.

Created or shared memes can resurface later and be misunderstood, even if intended as harmless. Once online, memes may be copied, saved, or spread beyond a young person's control - digital actions can follow them into their future, shaping how they are perceived by peers, tacchers, or even employers long after the original meme has been shared.

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SPREADING MISINFORMATION

While memes help to communicate complex topics, they can also spread misinformation. Memes may sometimes include content presenting false facts or blased viewpoints, especially around health, politics, or current events and, as they're designed to be shared quickly, young people may not question their accuracy.

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EXPOSURE TO INAPPROPRIATE CONTENT

Memes are widely circulated, and not always age-appropriate, meaning young people may encounter explicit language, sexual content, or graphic imagery, even without searching for it. As memes spread fast on platforms like instagram, TiK70k, or WhatsApp, it's nearly impossible to filter them completely.

MASKED MESSAGES

Some memes are designed to be confusing or layered with hidden meanings, making them hard for parents, and, sometimes, other young people to understand. Online groups often create these memes to look like inside jokes, but they can sometimes conceal offensive, harmful, or misleading content.

